



PALOMA HOTEL CANTEEN

LFIA MENU

MENU DE NOVEMBRE 2024



MENU MATERNELLE = €40

MENU ÉLÉMENTAIRE = €45

MENU SECONDAIRE = €55

Week 1	<u>MONDAY: 4-Nov</u>	<u>TUESDAY: 5-Nov</u>	<u>WEDNESDAY: 6-Nov</u>	<u>THURSDAY: 7-Nov</u>	<u>FRIDAY: 8-Nov</u>
Starter	Cabbage Sal./Sal. de Choux	Cheese Bun/Pain au Fromage	Sliced Veg./Légumes Tranchés	Green Sal./Sal. Vertes	Veg. Spring Roll
Option 1:	Chicken Veg. Noodles	Creamy Mac & Cheese	Chicken Club Sandwich + Fries	Vegetarian Jollof Rice + Egg	Waakye + Spaghetti + Egg
	Nouilles au Poulet+Légume	Macaroni au fromage crémeux	Club Sand. au Poulet+Frites	Veg. Jollof + Oeuf	Waakye + Spaghetti + Oeuf
Option 2:	Beef Provençal + Plain Rice	Chicken Curry + Plain Rice	Beef Burger + Wedges	Chicken Mushroom Fettuccine	Grilled Chicken + Fried Rice
	Boeuf Provençal + Riz	Poulet au Curry + Riz	Burger Boeuf + PDT	Fettuccine au Poulet+Champignon	Poulet Grillé + Riz Frit
Dessert:	Watermelon/Pastèque	Banana / Banane	Pineapple/Ananas	Cake Slice/Tranche Gateau Vanille	Fruit Sal./Sal. de Fruits
Week 2	<u>MONDAY: 11-Nov</u>	<u>TUESDAY: 12-Nov</u>	<u>WEDNESDAY: 13-Nov</u>	<u>THURSDAY: 14-Nov</u>	<u>FRIDAY: 15-Nov</u>
Starter	Green Sal./ Sal. Vertes	Cabbage Sal./Sal. de Choux	Potato Sal./Sal. Pomme de terre	Cheese Bun/Pain au Fromage	Veg. Samosa
Option 1:	Peas-Carrot Stew + Aroni Rice	Falafel Sandwich+ Fries	Tuna Club Sandwich + Fries	Veg. Penne Arrabbiata	Palava Sauce + Yam + Egg
	Ragoût de petit pois+Riz Aroni	Sandwich Falafel + Frites	Club Sand. au Thon+Frites	Veg. Penne Arrabbiata	Sauce Palava + Igame+Oeuf
Option 2:	Chicken Balls+ Potato Wedges	Spaghetti Bolognese	Chicken Burger + Fries	Shredded Beef + Plain Rice	Chicken Kebab + Jollof Rice
	Boulettes de Poulet + PDT	Spaghetti Bolognese	Burger de Poulet + Frites	Effiloché de Boeuf / Riz	Kebab de Poulet + Riz Jollof
Dessert:	Fruit Sal./Sal. de Fruits	Waffles/Gaufres	Yogurt/Yaourt	Pineapple/Ananas	Watermelon/Pastèque
Week 3	<u>MONDAY: 18-Nov</u>	<u>TUESDAY: 19-Nov</u>	<u>WEDNESDAY: 20-Nov</u>	<u>THURSDAY: 21-Nov</u>	<u>FRIDAY: 22-Nov</u>
Starter	Cheese Bun/Pain au Fromage	Green Sal./ Sal. Verte	Sliced Veg./Légumes Tranchés	Potato Sal./Sal. Pomme de terre	Mini Pizza
Option 1:	Breaded Fish+Saute Potatoes	Creamy Mac & Cheese	Beef Pizza + Fries	Plantain & Beans with Egg	Okro Stew + Banku + Beef
	Lanieres de Poisson, Riz Frit	Macaroni au fromage crémeux	Pizza au Boeuf + Frites	Plantain / Haricots / Oeuf	Ragoût d'Okro+Banku+Boeuf
Option 2:	Chicken Stew + Plain Rice	MeatBalls + Rice	Hotdog+Potato Wedges	Baked Chicken, Spaghetti + Corn	Chicken Drumstick/Fried Rice
	Ragoût de Poulet + Riz	Boulettes de Viande + Riz	Hotdog+Pommes de Terre	Poulet avec Spaghetti et Epi	Poulet Grillé + Riz Frit
Dessert:	Pineapple/Ananas	Pancake/Crêpe	Fruit Sal./Sal. de Fruits	Custard/Crème Dessert	Banana / Banane
Week 4	<u>MONDAY: 25-Nov</u>	<u>TUESDAY: 26-Nov</u>	<u>WEDNESDAY: 27-Nov</u>	<u>THURSDAY: 28-Nov</u>	<u>FRIDAY: 29-Nov</u>
Starter	Cabbage Sal./Sal. de Choux	Potato Sal./Sal. Pomme de terre	Green Sal./ Sal.Vertes	Sliced Veg./Légumes Tranché	Veg. Spring Roll
Option 1:	Kafta Sandwich + Fries	Veg. Curry/Egg/Rice	Beef Burger + French Fries	Chinese Veg. Noodles	Kenkey+Fish+Tomato Stew
	Sandwich Kafta + Frites	Curry de Légume/Oeuf/Riz	Burger de Boeuf + Frites	Nouilles Chinoise au Légumes	Kenkey+Poisson+Ragoût Tomate
Option 2:	Chicken Spaghetti Alfredo	Chicken Shawarma Sandwich	Margarita Pizza + Wedges	Beef Couscous + Veggies	Jollof Rice/Chicken+Beef
	Pâtes au Poulet Alfredo	Sandwich Poulet Shawarma	Pizza Margarita + PDT	Couscous au Boeuf + Légumes	Riz Jollof / Poulet et Boeuf
Dessert:	Watermelon/Pastèque	Pineapple/Ananas	Yogurt/Yaourt	Muffins/Cup Cake	Fruit Sal./Sal. de Fruits